STAY HOME
STAY SAFE
HOTEL SIDDHARTA
NAZARA BAD, MYSURU PH: 2522999

STAR OF MYSORE

OUR EVENING DAILY

Vol. 43 No. 78 Pages: 6 Rs. 2.00
Ph: 2496520 / 21 / 23 Fax: 2496530
E-mail: voice@starofmysore.com
ad@starofmysore.com

MYSURU Tuesday 12th May 2020
City Offices: K.R. Circle Ph: 2431774
Devaraja Urs Road Ph: 2428695
Visit: www.starofmysore.com

REDUCE YOUR RISK OF
CORONAVIRUS
INFECTION
Clean hands with soap and water or alcohol-based hand rub
Cover nose and mouth when coughing with tissue or flexed elbow
Avoid close contact with anyone with cold or flu-like symptoms
SOUTHERN STAR
MYSURU

Intl. Nurses Day Celebrated

- Candle-lighting, cake-cutting, felicitation at City Hospitals
- Online event at Government College of Nursing

Mysuru, May 12 (PM,RKB & RK)- Nurses have been the stars for COVID-19 pandemic across the globe for their exemplary courage, dedication and perseverance. The theme of International Nurses Day-2020 is 'Nurses: A Voice to Lead - Nursing the World to Health.'

Today, May 12, is International Nurses Day, celebrating the birth anniversary of Florence Nightingale --- the 'Lady with the Lamp'. The day is celebrated to acknowledge the enormous role of nurses in safeguarding human health. This year, they are tirelessly involved in the care of COVID-19 patients and are focused on prioritising infection prevention and control among patients, attenders and healthcare providers across all the units within a hospital.

In Mysuru, candle-lighting, cutting of cakes and felicitation to nurses marked International Nurses Day at various hospitals and nursing colleges. The Nursing Department of JSS Hospital celebrated Nurses Day in a simple manner by offering floral tributes to the portrait of Florence Nightingale at the Department.

Though the day is celebrated in a grand manner every year by the Nursing Department in association with JSS School of Nursing and College of Nursing, the celebration was simple this year due to the outbreak of COVID-19. Hospital's Chief of Nursing Services Janet Mathias and others were present.

Nurses Day was celebrated at K.R. Hospital by lighting candles at the entrance of the Hospital by the doctors and nurses. Speaking on the occasion, K.R. Hospital Medical Superintendent Dr. B.L. Nanjundaswamy praised nurses for their selfless service.

Nursing Superintendent P.K. Leelavathi, District Nurses Association General Secretary Pushpavathi, Lions Club of Vaidyas President Dr. Manjunath, Lions District Service Activities Co-ordinator T.L. Ravindranath and others were present.

At the Govt. College of Nursing in Mysore Medical College and Research Institute (MMC&RI) premises, the event was celebrated online and students witnessed the entire programme through digital platforms.

The celebration was inaugurated by MMC&RI Dean and Director Dr. C.P. Nanjaraj. MMC&RI Principal Dr. K.R. Dakshayini, Government College of Nursing Principal Dr. K.P. Dakshayini, Assistant Professor of Department of Anatomy Dr. K.T. Chandrashekar, Chief Librarian V. Chikkamath and others were present.

Columbia Asia Hospital on Mysuru-Bengaluru Road celebrated the day by honouring nurses and giving them gifts. The dignitaries present hailed the services rendered by the nursing fraternity for their 24x7 service to promote health and to commemorate the valuable contribution to the society.

(See NURSES on page 6)

PM Modi to address Nation at 8 pm today

New Delhi, May 12- Prime Minister Narendra Modi will once again be addressing the Nation today at 8 pm, announced the PMO Twitter handle. Modi's address comes a day after he held an extensive meeting with the Chief Ministers of States.

Modi

STAR PUNCH

By Satish Acharya

Solid Problem of Waste Management

Delayed Decision will be Disastrous

By R. Chandra Prakash

Chandra Prakash

My stint with Mysore Grahakara Parishat (MGP), particularly between 2013-2016, provided me with opportunities to study civic issues of the city. That period also happened to be the period of dialogue on Mysore Master Plan-2031, with Mysuru Urban Development Authority (MUDA) and Mysuru City Corporation (MCC). Solid Waste Management (SWM) was one of the priority issues we studied. Therefore, the present political slugfest compelled me to re-visit SWM problem and the disaster that may happen due to unnecessary and wanton delay in taking appropriate and immediate decisions in this regard.

Genesis of the problem

In 1996, a centralised Solid Waste Management Unit was to be set up under the Asian Development Bank (ADB) aid. In keeping with the trend of the time, a tender was called and it was awarded to a Mumbai firm under Public-Private Partnership (PPP) model. Thus the Excel Plant was put up in the then Sewage Farm at Vidyaranyapuram. At that time, there were no residential clusters around it and Industrial Estate came up near it.

This PPP arrangement worked for about 10 years and despite several periodic extensions, the Mumbai firm lost interest and sublet its operations to a local person.

Excel Plant at Sewage Farm in Vidyaranyapuram.

In the meanwhile, the city grew bigger. With this growth the civic problems grew in geometrical proportions. SWM was one of them. The delivery of solid waste to the Excel Plant increased beyond its capacity exactly at a time when its management was defaulting and murky. And the dumps of untreated solid waste started growing into big hillocks, competing with the adjacent Chamundi Hill. Luckily the area available in the farm was big enough to continue to grow up these hillocks.

That was also the period when new extensions were developed by the MUDA close to this Sewage Farm and several multi-storied apartment complexes too came up around this area.

Failure of decentralised SWM under JNNURM

If it was **ADB aid** which facilitated the setting up of Excel Plant, the city had to wait next 15 years for any further modifications in this arrangement. The opportunity came under **JNNURM** funding for **setting up of 10 decentralised SWM** Units around the city. The fundamental idea behind it was to eliminate unnecessary costs-over-runs in shifting the city's solid wastes from faraway residential areas to one centralised processing unit at Sewage Farm in Vidyaranyapuram. Then it was thought that the piling up of stench spreading waste dumps will gradually be reduced and will not pose any health problems for the residents around it.

The decentralised SWM Units were launched with a lot of fanfare. But some of these units became dysfunctional from the very beginning. One located at the burial grounds between V.V. Puram and Gokulam became victim of political discord, presumably due to its close location to the burial ground and has remained dysfunctional ever since.

Two such units were located within the Manasagangothri campus under "oral agreement" between the MCC and the Mysore University that it would be used to process solid wastes from Gangothri Layout, part of Kuvempunagar along with the waste from the campus. But the University refused to permit processing of wastes from outside the campus. Some of the other units did work under agreements with NGOs but stopped functioning after a few years. Only the unit located in Kumbarakoppal worked under an NGO, and mainly so due to the leadership of a dedicated political leader, D. Madegowda, former MLC and ex-CITB (MUDA) Chairman.

The failure of functioning of most of these decentralised solid waste processing units ultimately increased the dumping of waste in Vidyranyapuram Excel Plant. The dilapidated Excel Plant processed far lesser than its original capacity, and that too with frequent closures and break-downs. The consequence was speedy increase in the dumps on Vidyaranyapuram Sewage Farm! The present problem starts from here.

Protecting citizens' interest should be supreme

Dr. M.R. Ravi, the then MCC Commissioner, had planned several alternative solutions to this gigantic stench dumps. He had invited a firm which wanted to convert this waste into energy on PPP model. But his truncated service period deprived the city of a possible solution.

At present, Pratap Simha, MP from Mysuru-Kodagu Constituency, is said to have moved a mountain of administrative rigmarole and is said to have come out with some possible solution. It is most unfortunate that this effort also is confronting political obstacles, and that too from his own party member! In democracy, citizens' welfare should prevail over whims of political leaders.

Mysore Master Plan-2031 had agreed with the MCC's proposal to have a landfill in 110 acres of land in Bettadabeedu village in H.D. Kote Taluk. Since the Vidyaranyapuram dumping yard has gone beyond its total capacity, areas around this land have become residential clusters and these huge pile-ups have become serious **health hazard** to the people living around it. It is time to immediately take a decision to shift the dumps to the new landfill point.

e-mail: chandra.rcp166@gmail.com

Waste segregation at source at Kumbarakoppal Solid Waste Management (SWM) Unit.

Kalyan Jewellers re-opens showrooms in select markets across India, UAE & Qatar

Bengaluru, May 12- Kalyan Jewellers has on Saturday (May 9) announced the re-opening of 10 showrooms across three States and one Union Territory in India. The company will be resuming operations in certain pockets of the country (Green Zones) where lockdown restrictions have been eased, which include seven showrooms in Karnataka, one each in Odisha and Assam and one in Puducherry respectively as part of the first phase towards being fully operational in the country.

The company has already started operations in the Middle East, with the re-opening of 9 standalone showrooms in UAE and 3 showrooms in Qatar on the occasion of Akshaya Tritiya. Kalyan Jewellers will be following the highest level of safety and precautionary measures across operational showrooms, to safeguard the health and safety of both customers and staff alike. These measures include mandatory use of hand sanitisers at both entry and exit points, providing masks and gloves to all staff members as well as customers, temperature check via hand-held scanners at entry points and regular deep cleaning and sanitisation across showrooms at multiple times through the day, especially disinfecting common areas like counter tops, doors, etc. within the showroom. All functional showrooms will strictly adhere to COVID guidelines issued by the company.

The showrooms will be open between 10 am and 6 pm in select markets, which include Guwahati, Puducherry, Bhubaneswar, Bengaluru, Udupi, Ballari, Hassan, Malleswaram, Jayanagar and Marathahalli. The jewellery brand is keeping a watch on the guidelines issued by local authorities and is fully equipped to reopen showrooms in other markets once the permissions are granted.

Customers visiting the showrooms for wedding related purchases can take an appointment for a personalised and exclusive shopping experience.

For details, contact Ekta Nainani on Mob: +91-99307-38816 or Kartik Behl on Mob: +91-90043-33899.

VOICE OF THE READER

BSNL must become customer-friendly

Sir,

BSNL has closed some of its Customer Service Centres (CSCs) and entrusted them to franchises. Siddarthanagar CSC is one such unit closed. Ever since this change was effected, customers are put to lot of inconvenience.

Cash counters are not opened at the timings notified. Any enquiry by the customers for details or clarifications about the schemes/plans, you are directed to go either to Udayagiri or Devaraj Urs road offices. At this rate, if the subscribers prefer to migrate to other private operators would not be a surprise.

We have seven mobile numbers and it is difficult to recall which number works better. Either the signals are not available or the voice gets cut in between the conversation. Most of the time, it is one sided. Less said the better about internet speed. In some areas of Siddarthanagar and KC Layout, internet speed is horrible.

We are repenting opting for yearly plans as the network hardly works. If the BSNL cannot improve the services, I suggest them refund of annual plan money so that customers can choose different options.

Hope, BSNL authorities will look into the problems and improve their working.

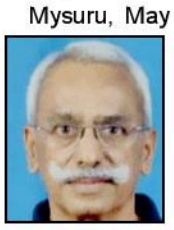
— MRG Murthy

11.5.2020 Siddarthanagar

Obituary

Konganda Suresh Mandanna

Mysuru, May 12 - Konganda Suresh Mandanna (72), a resident of Pramur Blossoms Apartments in Jayalakshmipuram and a member of Jayalakshmipuram Kodava Association, passed away last night (May 11) at a private hospital in city.



He leaves behind one son, one daughter and a host of relatives and friends. Last rites were performed at Chirashanthidhama in Gokulam today morning.

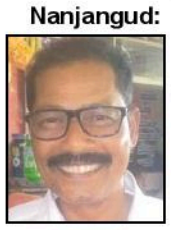
Dr. A.S. Chandrashekar

Dr. A.S. Chandrashekar (66), an Orthopaedician and a resident of V.V. Mohalla, passed away yesterday in city.

He leaves behind his wife Sowbhagya, two daughters, grandchildren, mother-in-law Susheela Marigowda, a former Corporator and a host of relatives and friends. Last rites were performed at Chirashanthidhama in Gokulam this morning.

P. Nagaraju

Nanjangud: P. Nagaraju (57), a senior journalist and an employee of State Bank of India (SBI), passed away following heart attack at a private hospital in Mysuru. He was a resident of KHB Colony in Nanjangud.



He leaves behind his wife City Council Member Meenakshi Nagaraju, two sons, one daughter and a host of relatives and friends. Nagaraju had served as a Correspondent to local, district and national newspapers and was also the Founder of 'Raitha Rajya' newspaper. Last rites were performed at Shankarapura Burial Grounds this morning.

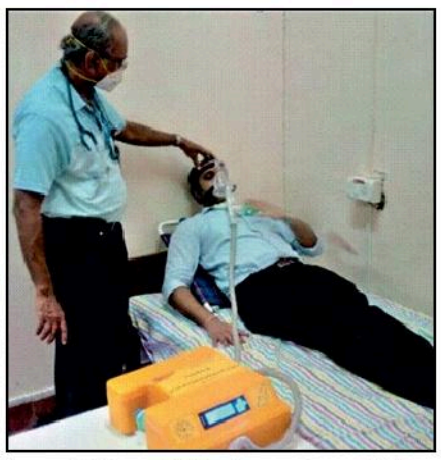
Lockdown stories to go on AIR

Mysuru, May 12- Akashavani Mysuru will be starting a new series of programme titled 'Lockdown Kathegalu' (Lockdown Stories) which will go on AIR from May 13. The series feature stories related to lockdown. Public can send stories on own experience or anything that they witnessed during lockdown period with not more than 200 words.

Selected stories will be broadcast by Akashavani Mysuru at 1.20 pm on Monday, Wednesday and Friday. Also, these stories will be uploaded to FM 100.6 Mysuru *YouTube* too. Those interested may write stories on a white paper and send a photo copy of the same or send typed Kannada text via e-mail to: reply airmysuru@gmail.com

Bengaluru-based CSIR-National Aerospace Lab develops

Non-Invasive Ventilator "SwasthVayu" to treat COVID-19 patients



SwasthVayu BiPAP machine in Auto Test mode with test lung. Picture right shows SwasthVayu trials under the supervision of Dr. D. Amarnarayan, Chief Medical Officer at CSIR-NAL.

Mysuru, May 12- CSIR - National Aerospace Laboratories (NAL), Bengaluru, a constituent lab of CSIR, has developed a Non-Invasive BiPAP Ventilator '*SwasthVayu*' in a record time of 36 days to treat COVID-19 patients. BiPAP Non-Invasive Ventilator is a microcontroller-based precise closed-loop adaptive control system with a built-in biocompatible "3D printed manifold & coupler" with HEPA filter (Highly Efficient Particulate Air Filter).

These unique features help to alleviate the fear of the virus spread. It has features like Spontaneous, CPAP, Timed, AUTO BIPAP modes with provision to connect Oxygen concentrator or Enrichment unit externally. The system has been certified for safety and performance by NABL accredited agencies. The system has undergone stringent biomedical tests and beta clinical trials at NAL Health Centre.

The major advantage of this machine is that it is simple to use without any specialised nursing, cost effective, compact and configured with majority of indigenous components. This is ideal for treating COVID -19 patients in Wards, Makeshift Hospitals, dispensaries and home in current Indian COVID-19 scenario.

CSIR-NAL is in the process of taking it forward with the regulatory authorities for the approval and expected to get shortly. CSIR-NAL has already initiated dialogue with major public/private industries as a partner for mass production.

The DG of CSIR, Dr. Shekhar C. Mande, has complimented CSIR-NAL team which has enabled a spin-off technology based on its expertise in the aerospace design domain. He also recalled the contribution of CSIR-NAL in the flight of indigenously developed Hansa-3, on May 11 in 1998, which is one of the achievements that is also celebrated on National Technology Day (May 11).

The Director of CSIR-NAL, Jitendra J. Jadhav, stated that based on global experience and specific inputs from pulmonologists in India and abroad, CSIR-NAL developed BIPAP Non-Invasive Ventilator with externally connected Oxygen concentrator which will be ideal to treat moderate or mid-stage severe COVID-19 patients who do not require intubation and invasive ventilation.

The success is the culmination of efforts of team of technocrats and medical practitioners under the leadership of Dr. C.M. Ananda, Head, Electronics Department, Dr. D. Amarnarayan, Chief Medical Officer, NAL, Dr. Viren Sardana, Respiratory Physiologist, CSIR-IGIB and team of scientists at NAL who have worked relentlessly during COVID-19 restrictions.

Power disruption tomorrow

Mysuru, May 12- As CESC has taken up emergency maintenance works at Feeders, power supply will be disrupted in the following areas tomorrow (May 13) from 10 am to 5 pm:

Shivaji Road, N.R. Mohalla, Ganesh Nagar, North-East of N.R. Mohalla, Kurimandi, Kesare 3rd Stage and surrounding areas, according to a press release from N.R. Mohalla Sub-Division Executive Engineer.

Similarly, as 1st quarterly maintenance works are on at 66/11 KV power distribution centres, power supply will be disrupted in T. Narasipur town, Kiragasur, T. Doddapura, Hemmige, Benakana Halli, Muttalavadi, Sosale, Kolathur, Ukkalagere, Doddebagilu, Hosa Kote, Gargeshwari village limits, Doddehundi, Chandalli, Shambodevanapura, Akkur, Akkurudoddi, Maranapura, Muguru, Kottegala, Alagudu, Vatal, Mugurumole, Kottalavadi, Kottalavadimole Gram Panchayat limits, according to a press release from Nanjangud Sub-Division Executive Engineer.

HCG
adding life to years
BHARATH HOSPITAL & INSTITUTE OF ONCOLOGY
INTERNATIONAL
NURSES
DAY
2020
Bharath Hospital & Institute of Oncology celebrates our heroes for their spirit of compassion and dedication.
The Specialist in Cancer Care salutes the high standards and continuing excellence in nursing as well as the outstanding care that the nurses show to their patients every day.
#TogetherToWin
BHARATH HOSPITAL AND INSTITUTE OF ONCOLOGY
438, Outer Ring Road, Hebbal, Mysore.
0821 – 2300600 | Mob: 9538886610
bharathcancerhospital.com

Nursing the World to Health

By Team Star of Mysore

International Nurses Day is celebrated on May 12 (today) to mark the birth anniversary of Florence Nightingale (May 12, 1820 – August 13, 1910). She was also known as the 'Lady with the Lamp' and the 'Angel of Crimea.'

Florence Nightingale and her team of nurses had worked round-the-clock to take care of ailing soldiers during Crimean War in 1853-1856. The efforts by Florence Nightingale-led team had reduced the death rate by two-thirds. International Nurses Day is observed to focus on the importance of nurses and recognise their efforts. The event holds increased relevance at a time when health workers have become essential to the fight against the Novel Coronavirus disease. Every year, the International Council of Nurses comes up with a theme to honour nurses. For 2020, the theme for International Nurses Day is 'Nursing the World to Health.' The theme is to laud nurses around the globe and in particular those managing an unprecedented workload by treating patients with COVID-19. On this occasion, *Star of Mysore* spoke to some of the nurses in Mysuru to get a glimpse of what's the cost of sacrifices they are making.

Feel proud of my husband as he is nursing COVID patients

P.S. Prema, an Assistant Nursing Supervisor at **Bharath Cancer Hospital (Bharath Hospital and Institute of Oncology),** Hebbal, said, "It is testing time for us. My husband Bhimarao is a staff nurse at K.R. Hospital. Our family had to undergo quarantine after he was sent on deputation to COVID-19 Hospital where he worked for a few weeks. As we are in same profession, we share our experiences. We know very well that both of us may get infected. But at the same time, we know that we are serving humanity. I feel very proud that my husband is caring for infected patients."

At Bharath Cancer Hospital, we have not encountered any cases but we are taking necessary precautions. Compared to normal persons, cancer patients have poor immunity and hence more vulnerable to infectious diseases. In light of this, we are well prepared to handle this pandemic. We have enough PPE kits and other essentials. For those staff who are unable to work due to transportation issues or those who are living in containment zones, our hospital administration has given paid holidays," she said. "I have a daughter (2nd std.) and a son (LKG). I really feel proud that I am a nurse," she added.

People have realised our value

A resident of Gokulam, **Vani Adarsh** has been working as a Nursing Superintendent at **Bharath Cancer Hospital.** "From the last 15 years, I have been working here. After completing nursing diploma in Madikeri, I did B.Sc. Nursing and MBA. Till date, we have not reported Coronavirus-infected patients in our hospital, but still all incoming patients are being screened. Prevention is the most important step in defeating this disease," she opined.

"I feel very proud to be a nurse. Patience, endurance and motherly attitude are our basic requirements. After this pandemic, people have realised our value and are appreciative of our profession which is the best gift ever to a nurse," she feels.

Serving people makes me happy

H.S. Thejaswini is a Staff Nurse at **MRC Eye Hospital,** Siddartha Layout. "I always wanted to serve people. Hence, chose this field," said Thejaswini who is serving since the past 10 years. Appreciating the MRC Eye Hospital environment, she says doctors and nurses have good co-ordination. "We are professional at work and at the same time we are like members of the same family. In fact, we spend more time in the hospital."

"Our Hospital remained closed during lockdown. We were worried about patients. As surgery patients had follow up visits and due to lockdown, they were put into trouble. Though at home, we made sure that we guided whoever reached us over phone," she reveals.

From last week, we are back to work and now we work for half day. Patients are coming now to hospital so we are happy to serve them and we are taking all necessary precautions. "When I go home, we make sure that I take shower before getting into household work. I have a little daughter (first standard), so I need to be more careful," said Thejaswini who is married to Manjunath Punjar and resides at Vijayanagar.

Balancing personal life, profession is a challenge

Thirty-nine-year-old **Sija Sanjay** is Chief of Nursing at **Columbia Asia Hospital,** Mysuru-Bengaluru Ring Road junction. She has the responsibility of managing a team of 157 employees. "In my childhood, I wanted to be an aeronautical engineer but at college, I opted for the nursing instead. After completing training in Hyderabad, I started my career in Columbia Asia, Bengaluru. By the time I got an offer to work as Nursing Head in Mysuru, I was a mother of three kids. It was a testing time for me to shoulder that responsibility along with relocating cities. This was not an easy decision for any mother as such to make at that time. My husband and my family members were supportive and encouraged me to take up this huge responsibility," said Sija.

"At present, my elder son is put up with his father in Bengaluru while my younger twin kids are with me here in Mysuru. This experience has taught and nurtured me to fine-tune the art of balancing both my professional and personal life in a phased manner," she said. "It is really a challenging job at least in this crisis situation. Managing this pandemic and staying one step ahead has become our new norm. All round the year, we have a number of pregnant women, neonatal with their mothers, patients with diabetes and other critical illnesses who need special attention in this pandemic. We need to efficiently plan and implement tasks to address this. It is priority now and we are taking all necessary steps with full cooperation by all other staff members. Our management team is also very proactively working on this front," she added. "When working women come to me, I advise them on how to strike a balance between personal and professional life by citing my own example."

No regrets for choosing this career

Chandramma works as a Staff Nurse in **Cauvery Heart and Multispeciality Hospital,** Siddhartha Layout. "Yes, it is true that nursing profession is demanding, tedious and both mentally and physically draining. Lack of staff and odd shift patterns sometimes become a challenge. This is a huge responsibility though at the end of the day, I feel proud to be a nurse because we care for others. This is a coordinated effort between doctors, nurses and patients," Chandramma said. "It has been nine years since I opted for this profession and not a single day am I sorry for choosing this career. We care for our patients 24x7 and act accordingly at times of emergency. Hard work, dealing with different kinds of patients with patience and dedication are important in our career," she added.

On Coronavirus pandemic, she said, "In our hospital, for those who are working in Isolation Ward, it is mandatory to use PPE kits. We strictly follow preventive measures. Patients with respiratory issues are shifted to Isolation Wards and their throat swabs are sent to labs." While Chandramma lives in Yaraganahalli, her husband Puttaswamy, who is also a staff nurse, works in 108 Ambulance at Bannur.

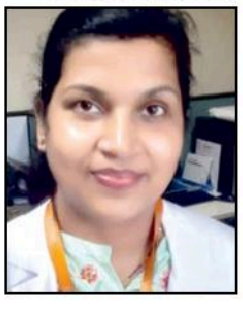
We forget our private lives at work

A resident of Kalyanagiri, **M.S. Pavitra** is an ICU Ward In-charge at **Cauvery Heart and Multispeciality Hospital.** A native of Madikeri, Pavitra has 20 years of experience. "Most of the time I have worked in ICU and Cardiology Departments. I have cared for patients who are recuperating from bypass surgery and other heart-related ailments. In addition, I have also worked in Cardiac ICU and baby wards. For nurses, service should be the first priority as there is a saying 'Service First, Life Next'. As soon as we enter our wards, we forget our private lives. I feel proud about being a nurse," she said.

She also added that she feels great to be nurse. "Every year, we also celebrate Nurses Day. In our Hospital, some special events such sports activities will be organised," she added.

14 wings and 85 nurses

Smitha Chethan is serving as Nursing Superintendent at **Cauvery Heart and Multispeciality Hospital.** She has over 20 years of experience working as nurse and supervisor at different hospitals.



"At Cauvery Hospital, there are 14 wings including Emergency, Critical Care Unit, Cardio Care Unit, Medical ICU and Labour ward. We have a team of 85 nurses working in various shifts round-the- clock. Meetings are held twice every week to review the progress of nurses and suggestions are given by senior doctors and nurses to maintain quality of service. Ideas are exchanged and issues are discussed with ample scope for improvement."

Nurses go beyond call of duty to serve patients

One virus made the world realise the value of nurses

R. Manjunatha works as Nursing Manager at **Sigma Hospital,** Saraswathipuram. He started his career as a staff nurse in 2003 and has worked as a Nurse Educator and Principal of a Nursing College before he was appointed as a Nursing Manager.

"We were not respected in the past. Human beings did not realise the value of nurses until a virus forced them to do so," Manjunatha said. "Nurses don't always know what they are walking into. Sometimes it can be scary. We are trained to deal with whatever comes our way," he said.

He opines that when necessary resources are given and precautions taken properly, there is no fear of treating any diseases including COVID-19. "A nurse should fear if he/she has no adequate knowledge and proper training," he feels.

"We need expertise and knowledge to treat patients. I love every minute of my work. We're definitely using more technology. Situations can change so quickly -- sometimes a whole day gets rearranged, perhaps a patient's condition deteriorates, or a patient gets discharged, or a patient might die. And it's difficult for the staff. They also have to deal with their own family. But they're amazing and so dedicated. I do think we are brave but we know it's our job and it is a part of our day-to-day work. Those patients who must be seen needs to be seen," Manjunatha said. "If one nurse is protected, that nurse will protect a thousand lives," he added.

We nurses work with empathy

Sangeeta Lakkundi is the Nursing Superintendent at **Mission Hospital,** Mysuru. In nursing profession for over 18 years now, Sangeeta feels proud. "For 15 years, I have worked bedside, now since 3 years, I am working in office. When I was working at bedside, I worked in ICU. We nurses work with empathy and give care to every patient," she said. "We receive all fever patients. All our nurses work in shifts. No changes in giving care to a suspected COVID patient or normal patient. Moreover, our Director Dr. Suguna Shanti is very supportive and is the backbone of Nursing Department," Sangeeta said.

"When patients enter the gate, we provide hand sanitisers and thermal screen the patient and their relatives. If they have high temperature, we take them to fever clinic. Because of COVID we have set up fever ward where we have staff equipped with PPE kits," she said.

A native of Hubballi, she is married to Sumanth Doddamani, who is also working at Mission Hospital as a Supervisor and has a daughter studying in 6th standard and a son, studying in LKG. "We nurses spend more time with patients and they share their problems with us. Whatever issue patients share with us, we report to the doctors. This is to ensure better health. At Mission Hospital, we have a healthy communication set up with doctors.

Service to patient & society is our motto

K.D. Deepashri is a Nursing Supervisor at **Sigma Hospital,** Saraswathipuram. A native of Madikeri in Kodagu, Deepashri, with 12 years of experience as a nurse, has served as the ICU in-charge and is now a Nursing Supervisor. She says that her Hospital organises functions to mark Nurses Day where the services of nurses are hailed and a few are honoured. This boosts our confidence.

Nurses have been treating the sick and lifting their spirits during the pandemic. "International Nurses Day is particularly special this year not just because we mark the 200th anniversary of Florence Nightingale's birth but also because of the extraordinary work of all those who have followed her footsteps and fighting against Coronavirus," Deepashri said.

She said that though COVID-19 patients are not treated at her Hospital, every patient is screened and the screening staff wears PPEs. A nurse is not only a person who takes care of the sick, but is also a daughter, son, mother, father, wife, husband and most importantly a human being, Deepashri added.

Clinic and academic side, both are equally challenging

Prof. M.U. Philomina is the Principal, **Holdsworth Memorial College of Nursing (Mission Hospital),** Mysuru. "Nursing started as an art and there was no science in it. Florence Nightingale is the one who worked to uphold Nursing profession with science and research at a time when there was no facilities," says Prof. Philomina, who is serving in the health sector for over 20 years now.

"When we dedicate ourselves to service, we should not be self-centred. Life-saving becomes our focus. And the motto of Mission Hospital is 'Service unto God' and automatically after joining here, everyone becomes service-oriented," she reveals. "Except Maternity Department (OBG), I have worked in all wards when I was working in clinic front. At Mission Hospital, I have good job satisfaction as all are treated equally. Doctors and nurses have good co-operation," she said. "We sanitise ourselves at the hospital itself and only after shower we engage in other works at home. Because there is risk due to COVID, we have to take care of our homes as well," says Prof. Philomina, a native of Mangaluru, who is married to B. Prakash, Assistant Pastor, Mysore Hope Centre. They have two sons — elder one studying Aerospace Engineering and second son is writing his second PUC exams. "We feel happy when working with patients, we forget about anything that may affect us. We just consider UP (Universal Precautions). Earlier when we had to work with HIV cases also, we had been told to treat everyone as UP and we are taught to take precautions," she said.

On challenges, she feels that clinic side and academic side, both are equally challenging. "At hospital we give service, at college, we must give thorough knowledge to our students. Clinical side is of physical work, during crisis like now, we have to take extra precautions. But in college, we have to keep ourselves updated," she added.

Doctors, Nurses feted on completion of quarantine at KSOU

Dignitaries showering flower petals on doctors and nurses at KSOU Guest House last evening.

Mysuru, May 12 (KS)- As many as 14 doctors and 20 nurses, who not only went through the physical strain but also put up efforts to ensure the patient heals soon at the COVID Hospital in city and who were under home quarantine at the Karnataka State Open University (KSOU) Guest House for 14 days, were honoured by KSOU Vice-Chancellor Prof. S. Vidyashankar and other dignitaries at KSOU premises here yesterday evening. The dignitaries showered flower petals on these Corona Warriors and expressed their gratitude to them.

Those who were honoured are Dr. Puneeth, Dr. Vinod, Dr. Anoop, Dr. Pradeep, Dr. Abhinay, Dr. Arun, Dr. Siddarth Gowdar, Dr. Sneha, Dr. Ganesh, Dr. Amrutha, Dr. Jajeel, Dr. Nishanth, Dr. Bharath, Dr. Rajeshwari and nurses Pushpalatha, Rekha, Regina, Sachitha, Sharada, Puttamani, Vasanthi, Shanthi, Shobha, Asanta Mary, Vishalakshi, A. Bhanurekha, Anitha, Shweta, Savitha, Sumathi, Umesh, Maniraju, Vasanth Kumar and Sairam.

Speaking on the occasion, Mysuru Medical College and Research Institute (MMC&RI) Dean and Director Dr. C.P. Nanjaraj said that they followed every instructions issued by the district administration and added that a request was made to KSOU VC Prof. Vidyashankar to provide the guest house for quarantining Corona Warriors and thanked the VC and staff for their support.

MMC&RI Principal Dr. K.R. Dakshayini, HoD of Surgery Dr. Dinesh, Dr. M.S. Nanjundaswamy, Dr. Shashidhar, Dr. K.T. Chandrashekar, Dr. Rajesh, Dr. Raghuveer and others were present on the occasion.

Felicitation marks Nurses Day at Columbia Asia Hospital.

Intl. Nurses Day Celebrated

Nurses Day celebrations at JSS Hospital Nursing Department this morning.

(Continued from page 1)

Chief of Medical Services Dr. Upendra Shenoy, General Manager Col. Rahul Tewari, Chief of Nursing Services Sija Sanjay, Consultant Urologist Dr. Dinesh Kumar and others were present.

Cauvery Heart and Multispeciality Hospital celebrated Nurses Day by lighting candles and cutting a cake.

Speaking after paying floral tributes to the portrait of Florence Nightingale, Hospital Chairman Dr. G.R. Chandrashekar said that nursing was a noble profession and the profession is very important as it is the nurses who treat patients closely.

Nursing Supervisor Smitha Chethan said that the day is being celebrated in a simple manner by cutting a cake due to COVID-19 pandemic. The staff of the hospital is working with the motto of providing good health to all and precautionary measures are taken.

Hospital's Managing Director Dr. Sarala Chandrashekar, Facility Manager Sandeep Patel, Dr. Vaidyanathan, Dr. B.N. Rajeev and others were present.

Connect With Us
Is an exclusive programme for the 7th Std. pass students.
This is an online programme where students shall be enforced with prerequisites for high school academics. Focus will be on basics of Mathematics, Science and English.
Your requirement is a mobile or a laptop with net facility.
Contact on or before 12th May 2020. Call for details
8073619399

FOR SALE
North facing 30x40 duplex house for sale at heart of Vijayanagar 4th Stage, 3 bedroom with attached bath room, 2 halls, study room, home theatre, roof top garden, parking for saloon car, utility place, balcony, 100% vastu compliance with completion report. Contact:
+91 9901361100

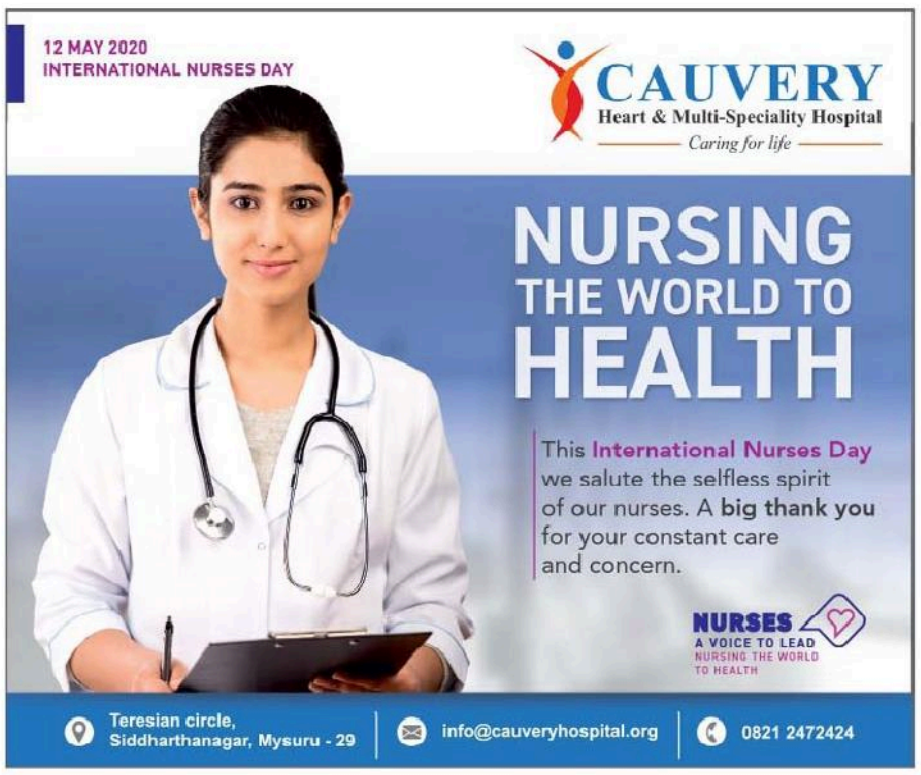
PRAY Safe STAY Safe
SINCE 1948 CYCLE
everyone has a reason to pray

Hotel RRR
Sriharsha Road, Mysuru A/C
We are open for Takeaways
We are maintaining Contact-less Takeaways
Kindly place your order through
SWIGGY / ZOMATO
or Contact us on : 0821-2442878
Timing : 11 am to 8 pm
Thank you for your co-operation

SIGMA HOSPITAL
THE HEALING TOUCH
P/8D, Saraswathipuram - Thonachikoppal Rd, Saraswathipuram, Mysore - 570 009
☎: 0821-4266661, 4266662, M :9108028661, E-mail : sigmalifecare@gmail.com web : www.sigmahospital.in
Happy Nurses Day
NURSES A VOICE TO LEAD NURSING THE WORLD TO HEALTH
FACILITIES : 24X7-Casuality & Emergency, General Medicine, General & Laparoscopic Surgery, Gastroenterology, Surgical Oncology, Urology Services, Kidney Transplant & Dialysis, Nephrology services, Obstetrics & Gynecology, Pediatrics, Pediatric Surgery, Orthopaedics, Cardiology, ENT, Neuro & Spine Surgery
All cashless Insurance Facilities Available | Ayushman Bharath-Arogya Karnataka Scheme (BPL & APL Card Holders) | Jyothi Sanjeevini Scheme (State Govt. Employees) | Recognised for State Govt. Employees Reimbursement
DR.SIDDESH.G MBBS., MS. CHIEF GENERAL & LAPAROSCOPIC SURGEON
DR. ANJALI SIDDESH MBBS,MD CHIEF OBSTETRICIAN & GYNECOLOGIST
DR SOMANNA.D.N MBBS MS DNB CONSULTANT UROLOGIST
DR DAYANAND.G.S MBBS MS DNB CONSULTANT UROLOGIST
DR.VIPIN KAVERAPPA.P.T MBBS., MD DNB CONSULTANT NEPHROLOGIST
DR. ANITHA SHESHADRI MBBS.,MD CONSULTANT PHYSICIAN
DR. DHAVALA KUMAR.P MBBS MS SENIOR ENT SURGEON
DR. ARUN. G.R MS(ORTHO) ORTHOPAEDICIAN & SPORTS MEDICINE
DR. N. Kumar MS(ORTHO) ORTHOPAEDICIAN & SPORTS MEDICINE
DR PRADEEP MD.(R.D) RADIOLOGIST
DR.PAVAN KUMAR MD.(R.D) RADIOLOGIST
DR. MADAPPA.K.M ,MBBS,MS,DNB. CHIEF UROLOGIST & TRANSPLANT SURGEON
DR. RAJESWARI MADAPPA MBBS,DCH,DNB CHIEF PAEDIATRICIAN AND NEONATOLOGIST
DR. V. KRISHNA PRASANNA ,MD,DM INTERVENTIONAL CARDIOLOGIST
DR. VEENA NANJAPPA MD DNB INTERVENTIONAL CARDIOLOGIST
DR.HEMA RAVEESH,MD,DM INTERVENTIONAL CARDIOLOGIST
DR. VINUTHARAMAN MBBS,MD SENIOR ANESTHESIOLOGIST
DR. AKHILA.N.C DA,DNB ANESTHESIOLOGIST
DR. NAVEEN.H.S DA,DNB ANESTHESIOLOGIST
DR. G.D. RAVIKUMAR MBBS,MD PATHOLOGIST
DR. SRIDEVI MBBS,MD PATHOLOGIST
DR. VINAYAK. I.K. MS.DNB NEURO & SPINE SURGEON
MYSORE KIDNEY STONE CLINIC & SCANNING CENTRE
Removal of Kidney Stones without surgery by ESWL & Gall Bladder Duct Stone by ERCP Without Surgery at Sigma Hospital
Ph : 0821-2432448, 4250124

CSI HOLDSWORTH MEMORIAL (MISSION) HOSPITAL, MYSURU
wishes
HAPPY NURSES' DAY

ADMISSIONS OPEN FOR
GNM, B.Sc (N), PB B.Sc (N) & M.Sc Nursing Courses for the year 2020 - 21
CONTACT DETAILS : DIRECTOR, 0821 - 4007000 & 4266370-73
Email: csihmh@bsnl.in / csihmh@hotmail.com /directorcsihmh@gmail.com,
Website: www.csihmh.com
REGULAR OPD & HOSPITAL SERVICES FUNCTIONING
114 Years of excellence in Medical Service (1906 – 2020)


12 MAY 2020
INTERNATIONAL NURSES DAY
CAUVERY
Heart & Multi-Speciality Hospital
Caring for life
NURSING THE WORLD TO HEALTH
This International Nurses Day we salute the selfless spirit of our nurses. A big thank you for your constant care and concern.
NURSES A VOICE TO LEAD NURSING THE WORLD TO HEALTH
Teresian circle, Siddharthanagar, Mysuru - 29
info@cauveryhospital.org
0821 2472424

COVID - 19 UPDATE

MYSURU

Persons observed till date	:	5,029
Persons who have completed 14 days' isolation	:	4,757
Persons isolated in home for 14 days (Inter-State travellers)	:	268
Persons isolated in hospital for active cases	:	4
Total samples tested	:	5,331
Samples found negative	:	5,241
Samples found positive (cumulative)	:	90
Persons cured / discharged	:	86
Death toll so far in Mysuru	:	0

MANDYA

Total positive cases in Mandya	:	31
Persons cured / discharged	:	14
Death toll so far in Mandya	:	0

KARNATAKA & INDIA

Total positive cases in Karnataka	:	925
Persons cured / discharged	:	433
Death toll so far in Karnataka	:	31
Total active cases in India	:	46,008
Persons cured / discharged	:	22,454
Death toll so far in India	:	2,293

(Note: Some of the figures of Mysuru are as on May 11. Media bulletin for May 12not available)

Printed by T.S. Gopinath and published by M. Govinde Gowda on behalf of Academy Newspapers Private Limited at Academy Newspapers Private Limited, 15-C, Industrial 'A' Layout, Bannimantap, Mysuru-570 015. Editor: M. Govinde Gowda. Phone: 2496520/2496521/2496523/ 2496526/2496527/2496528 Fax: 0821-2496525, 2496530. City offices: Visveshwaraya Building, III Floor, K.R. CIRCLE, Mysuru-570 001, Ph: 2431774 and No. 114, D.Devaraj Urs Road, Mysuru-570 001, Ph: 2428695, E-mail address: voice@starofmysore.com, For Advertisements: ad@starofmysore.com, RNI Reg. No. 29894/78.